

Duluth Campus

Department of Anthropology,  
Sociology & Criminology  
College of Liberal Arts

228 Cina Hall  
1123 University Drive  
Duluth, Minnesota 55812-3306

Office: 218-726-7551  
<http://www.d.umn.edu/socanth>  
Email: [socath@d.umn.edu](mailto:socath@d.umn.edu)

4 February 2018

Anthropology of Food Week 5

## "Cooks and Kitchens"

### Food and Religion

### and Midterm Preparations

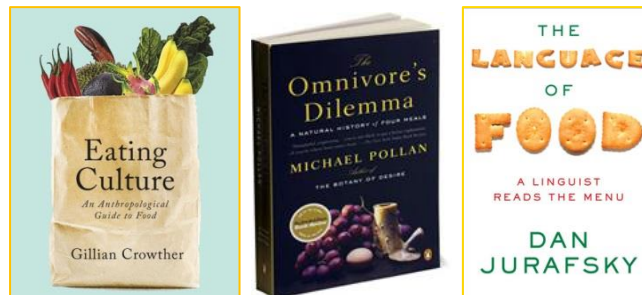
#### Video Exploration:

*The Meaning of Food: "Food & Culture"*

*The Pig Commandments*

and

Watch on-line: *Food for Body and Soul* (29 min.)



# Competitive Eating

is a Major League Sport . . .

(Sometimes more interesting than other championship major league events, including the Super Bowl)

# How many Buffalo Wings can you eat in 12 minutes?



## [Sonya “The Black Widow” Thomas](#) ate 183 chicken wings in 12 minutes in 2011 to gain National Title

*[The Daily Mail](#) (06 September 2011)*

“Thomas had won 1<sup>st</sup> place in the [National Buffalo Wing Festival](#) US chicken wing eating championship five-years straight from 2007-2011. On September 4, 2011, she attained the United States Chicken Wing Eating Championship in Buffalo, New York by eating 183 chicken wings in 12 minutes. On September 2, 2012 [Joey \[“Jaws”\] Chestnut](#) consumed 191 wings (7.61 pounds) in 12 minutes to take competitive-eating trophy from the five-year champion Sonya Thomas.” — Wikipedia

*[The Buffalo News](#) (12 September 2012)*

**Sonya “The Black Widow” Thomas holds  
[39 World Competitive Eating Records.](#)**

[Sonya “The Black Widow” Thomas HomePage](#)

[Sonya “The Black Widow” Thomas Wikipedia Page](#)

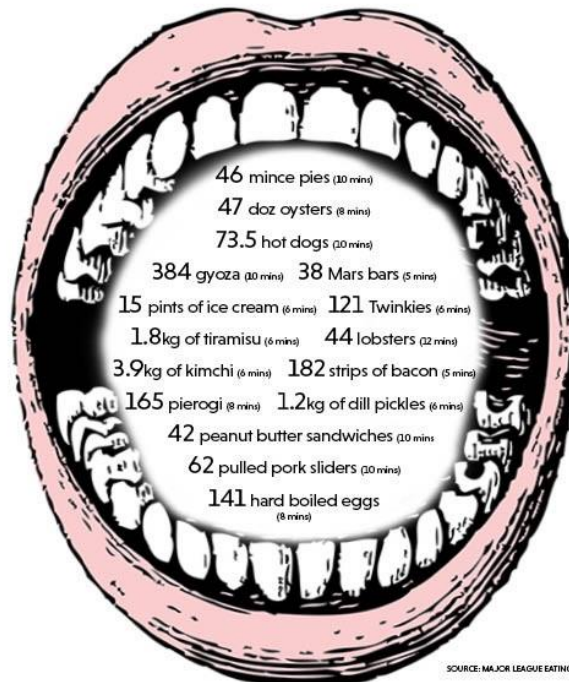
**My niece, Buffy Gorrilla, published a good article,  
on competitive eating in Australia, pointing out world  
Competitive Eating records:**

[Getting a taste for competitive eating](#) — [Buffy Gorrilla](#)

(This post originally appeared on [The Citizen](#) Thursday 18 August 2016)

**World Competitive Eating Records include . . .**

**EAT YOUR HEART OUT:  
WORLD COMPETITIVE EATING RECORDS**



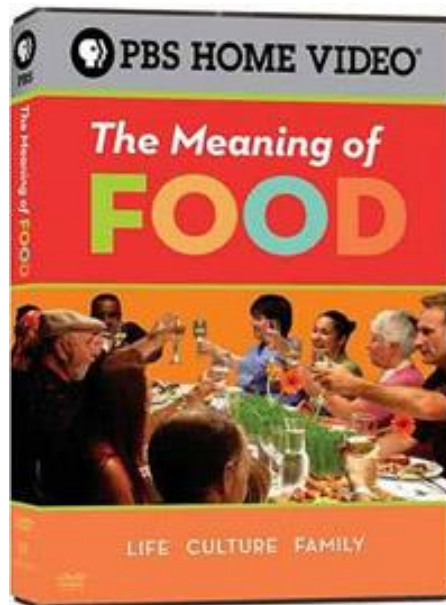
Source: [Gorrilla 2016](#)

**The class Competitive Eating WebPage is on-line at**

<http://www.d.umn.edu/cla/faculty/troufs/anthfood/afcompetitiveeating.html#title>

This week, on Tuesday, we continue to have a look at **cultural aspects of food**. We'll have a look at those in the readings and in Marcus Samuelsson's video . . .

## *The Meaning of Food:* **"Food & Culture"**



## **Food and Religion**

This week food and family and religion come together head-to-head in *The Pig Commandments* where we'll see **how in traditional Malaysian Chinese culture Buddhist food beliefs are literally *tearing families apart***.

On the one hand **religion**—in this case Chinese Buddhism—**unites families, and on the other it tears them apart**.

**This week you should watch on-line the short** (29 min.) **film *Food for Body and Spirit***—the second film of a classic four-part series, *A Taste of China*—the film shows **how in Chinese culture religion and food has *united* families for over a thousand years.** *Food for Body and Spirit* visits a sacred Taoist retreat, high on Blue City Mountain in Szechuan Province, China.

 ***Food for Body and Spirit*** (29 min.)

[\*Food for Body and Spirit\* Viewing Guide](#)



**This is a “controlled comparison” involving —  
Chinese : Buddhism : Food  
in China and Malaysia**

In *Food for Body and Spirit* (on-line) we have a look at a Chinese Taoist temple and Buddhist Slow Food and [Locavorism](#) which has a thousand year history . . . and we see **how food holds a part of Chinese culture together . . .**

**In *The Pig Commandments* we see how food *tears apart* a major segment of Chinese culture in Malaysia.**



**The Midterm Exam is coming up**—next week. Use the annotated questions from the assignment of last week as study questions. Other **Information on the Midterm Exam** is available at [http://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams\\_midterm.html](http://www.d.umn.edu/cla/faculty/troufs/anthfood/afexams_midterm.html).

### **REM Next Week Midterm Exam**


is scheduled for Week 6 Day 11, Tuesday, 15 February 2018, in Cina 214

[Midterm Exam General Information](#)

**After the exam (next week)** we'll spend most of the rest of the semester (up until it is time for you to present the results of your [Research Project](#)) examining how people get their food in nonindustrial and industrial cultures, and in exploring the social, corporeal, sacred, psychological, political, economic, and cultural aspects of food—that's the holistic anthropology approach (you remember that from Week 1). In short, after the Midterm Exam, **“Food and Culture”** will be our focus up until your **Student Presentations** begin.

And, hopefully, in the last part of the term you will be **applying your analytical anthropological skills** that you have been developing and honing in the first four weeks of the course.











# Assignments and Events


... **this week** are listed on your **(1) "Calendar"**, your **(2) "Syllabus"**, and in the **(3) "Assignments"** section of your  **canvas** folder.

**REM: Your question for the Midterm was due Saturday, 3 February 2018. If you have not yet submitted your question(s), please do that right now.**

**These will be annotated shortly, to serve as a list of study questions for the Midterm Exam**

Last Week's calendar

28	29	30	31	1	2	3
 AF For Fun Food Trivia: How do you say "blueberry pie" in Ojibwa / Chippewa?	 1a AF Wk 4 Readings  AF View On-line: National Geographic "Extreme Cuisine" Short Videoclips	 9a AF Day 6 Agenda: Video: Holy Cow		 9a AF Day 7 Agenda: Terms and Units of Analysis	 7a AF Greetings from Punsxutawney!  AF Discussion: American Indian Fishing and Whaling Rights, and Inuit Seal-Trading Rights (Wk 4)  AF Discussion: Covert Entomophagy (Wk 4)	 AF Due: Midterm Exam Question  AF Due: Project Part 1: Informal Proposal (By the end of Wk 4)



ANTH 3888 (001)

2018 Spring (12/25/2017...)

Account

Home

(2) Syllabus

(3) Assignments

(1) Calendar

Inbox

Help

Announcements

Grades

Discussions

Collaborations

People

Chat

Quizzes

Recent Announcements

> AF What's Happening Week 1 Jan 7 at 8am

> Welcome to the Anthropology of Food Dec 26, 2017 at 8:35am

> Spring 2018 Greetings Oct 29, 2017 at 9:14am

View Course Stream

To Do

Complete AF complete or Update Your Canvas Notification Preferences (Wk 1) Jan 12 at 11:59pm

Complete AF Complete or Update Your Canvas Profile (Wk 1) Jan 12 at 11:59pm

Complete AF Due: Wk 1 Self Assessment Jan 13 at 11:59pm

ANTH 3888 (001) Anthropology of Fo...

Subject Index

## (1) This Week's "Calendar"

4	5	6	7	8	9	10
<p>📅 AF It's Buffalo Wings Time ...</p> <p>📅 AF For Fun Food Trivia: How many gallons of sap does it take to make one gallon of maple syrup?</p>	<p>📅 1a AF Wk 5 Readings</p> <p>📅 11:59p AF For Extra Credit: View The Grind and Review</p>	<p>📅 9a AF Day 8 Agenda: Video: Food &amp; Culture</p>		<p>📅 9a AF Day 9 Agenda: Video: The Pig Commandments</p> <p>📅 9a AF View On-line Video: Food for Body and Spirit</p>	<p>📅 AF Discussion: Anthropophagy (Wk 5)</p>	

## (2) This Week's "Syllabus"

Sun Feb 4, 2018	<p>📅 AF It's Buffalo Wings Time ...</p> <p>📅 AF For Fun Food Trivia: How many gallons of sap does it take to make one gallon of maple syrup?</p>
Mon Feb 5, 2018	<p>📅 AF Wk 5 Readings</p> <p>📅 AF For Extra Credit: View The Grind and Review</p>
Tue Feb 6, 2018	<p>📅 AF Day 8 Agenda: Video: Food &amp; Culture</p>
Thu Feb 8, 2018	<p>📅 AF Day 9 Agenda: Video: The Pig Commandments</p> <p>📅 AF View On-line Video: Food for Body and Spirit</p>
Fri Feb 9, 2018	<p>📅 AF Discussion: Anthropophagy (Wk 5) <span style="float: right;">due by 11:59pm</span></p>

## (3) "Assignments"




▸ Explore Canvas . . .	0% of Total
▸ Getting Started	0% of Total
▸ Reading Assignments	0% of Total
▸ Discussions (Forums)	0% of Total
▸ Project = Presentation + Term Paper	0% of Total
▸ For Fun Trivia	0% of Total
▸ Optional Extra Credit	0% of Total
▸ Daily Agenda	0% of Total

And for fun, a trivia question this week . . .

**How many gallons of sap does it take to make one gallon of maple syrup?**



Answer

If you have any **questions** right now, please do not hesitate to post them on the  **canvas** Course “Chat”, or e-mail [troufs@d.umn.edu](mailto:troufs@d.umn.edu), or stop in before or after class across the hall in Cina 215 [\[map\]](#).

Best Regards,

Tim Roufs

<http://www.d.umn.edu/~troufs/>